

**HAND ARM
VIBRATION**



Using an Impact Wrench in Different Working Directions

An Analysis of The Individual Forces

International conference

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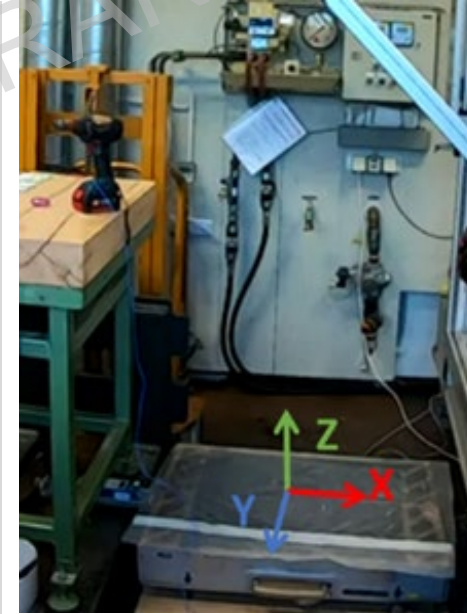
Introduction

- When working in different directions, factors such as awkward postures can lead to different physical stresses, which can have an influence on the effects of hand–arm vibrations(HAV)
- In this regard, the individual forces can have an influence on the HAV. For recognition of a HAV-related occupational disease the exposure can be measured by the acceleration values
- According to DIN 45679^[1] coupling forces must be considered as a correction factor
- These factors are constant and do not take the influence of the working direction and posture into account

References: [1] DIN 45679 Mechanical vibration - Measurement and evaluation of coupling forces for assessment of vibration exposure of the hand-arm system

Methods

- 5 healthy, voluntary, right-handed, male subjects
 - 31 ± 4 years
 - 185 ± 4 cm
 - 85 ± 11 kg
- Height-adjustable experimental setup to set a basic position
- Electrical impact screwdriver
- 12-screwing operations with 100 mm long woodscrews into oak panels
- Force measuring plate (FMP) for X- and Z-axis



$$F_f = \sqrt{F_X^2 + F_Z^2}$$

Electromyography/Data Analysis and Statistics

- Electromyography
 - Surface electrodes on the skin of the subjects
 - biceps brachii
 - trapezius descendens
 - Measured values were processed according to the recommendations of Hansson [2]
 - Relative percentage value related to the maximum voluntary contraction was calculated (MVCP)
- Data analysis and Statistics
 - Evaluation of the data was carried out in WIDAAN [3]
 - Individual screwing operations were considered



References: [2] Hansson, G.Å; Asterland, P.; Skerfving, S. Acquisition and analysis of whole-day electromyographic field recordings. In Proceedings of the Second General SENIAM (Surface EMG for Non Invasive Assessment of Muscles) Workshop, Stockholm, Sweden, 13–14 June 1997.
[3] Hermanns, I.; Raffler N.; Rolf, E.; Siegfried, F.; Benno, G. Simultaneous field measuring method of vibration and body posture for assessment of seated occupational driving tasks. *Int. J. Ind. Ergon.* 2008, 38, 255–263.

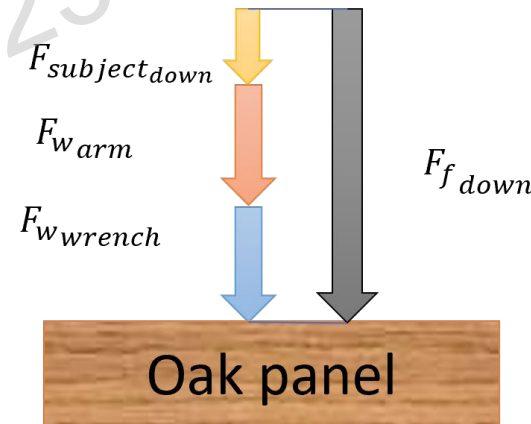
Interaction of the forces

- F_f = feedforce according ISO 15230 [4]
- F_w = weight force (arm/wrench)
- $F_{subject}$ = total force of the subject

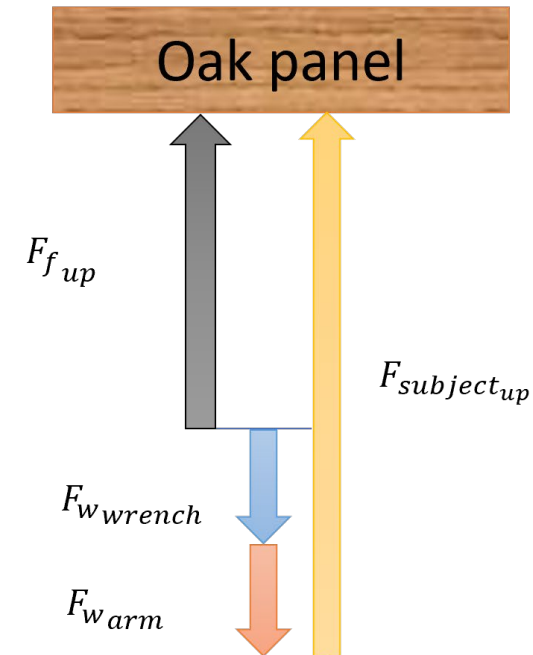
$$F_{subject\ up} = F_{f\ up} + F_{w\ wrench} + F_{w\ arm}$$

$$F_{subject\ down} = F_{f\ down} - F_{w\ wrench} - F_{w\ arm}$$

Downwards



Upwards



References: [4] ISO 15230 Mechanical vibration and shock — Coupling forces at the man-machine interface for hand-transmitted vibration

HAV

- Measured on the handle of the tool in accordance with ISO 5349-1 and -2 [5]
- The accelerometer was glued to the handle accordance with ISO 28927-5 [6]
- As total vibration value the a_{hv} was calculated as sum of the frequency-weighted acceleration of the three measuring axes

$$a_{hv} = \sqrt{a_{hwx}^2 + a_{hwy}^2 + a_{hwz}^2}$$



References: [5] ISO 5349-1 Mechanical vibration - Measurement and evaluation of human exposure to hand-transmitted vibration - Part 1: General requirements
ISO 5349-2 Mechanical vibration - Measurement and evaluation of human exposure to hand-transmitted vibration - Part 2: Practical guidance for measurement at the workplace

[6] ISO 28927-5 Hand-held portable power tools - Test methods for evaluation of vibration emission - Part 5: Drills and impact drills

Results & Discussion – HAV/FMP

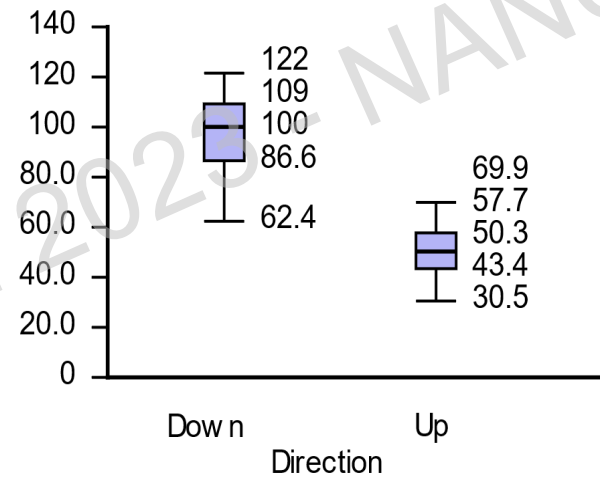
- HAV

- downwards $a_{hv} = 5.0 \pm 0.5 \text{ ms}^{-2}$
- upwards $a_{hv} = 4.8 \pm 0.6 \text{ ms}^{-2}$
 - **similar workload**

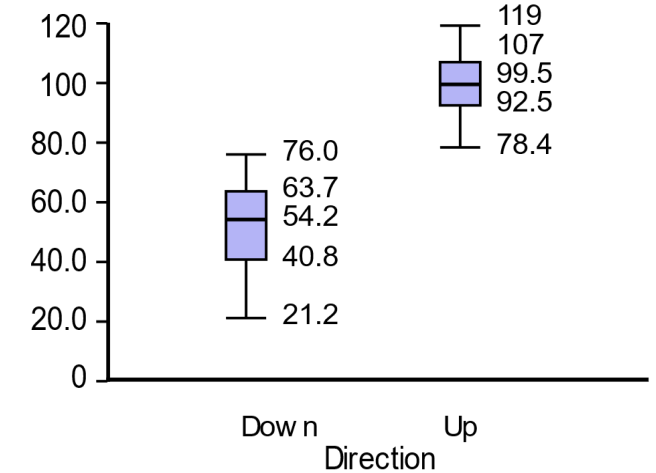
- FMP

- significant higher feedforce when working **downwards**
- F_{subject} is significant higher when working **upwards**

FMP - Feedforce F_f in [N]

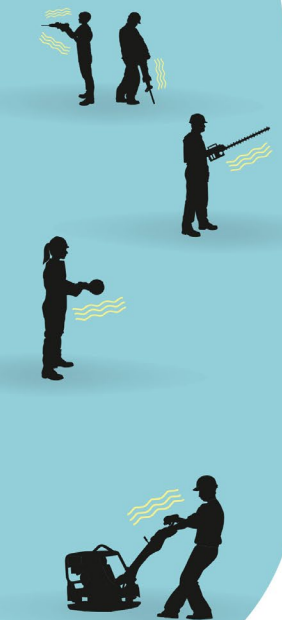
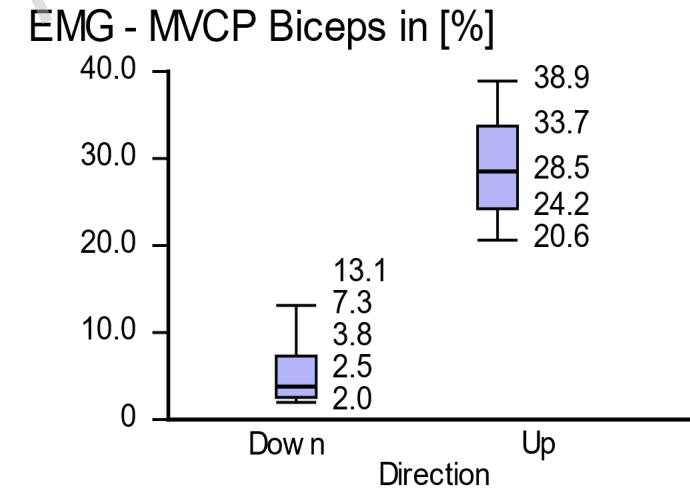
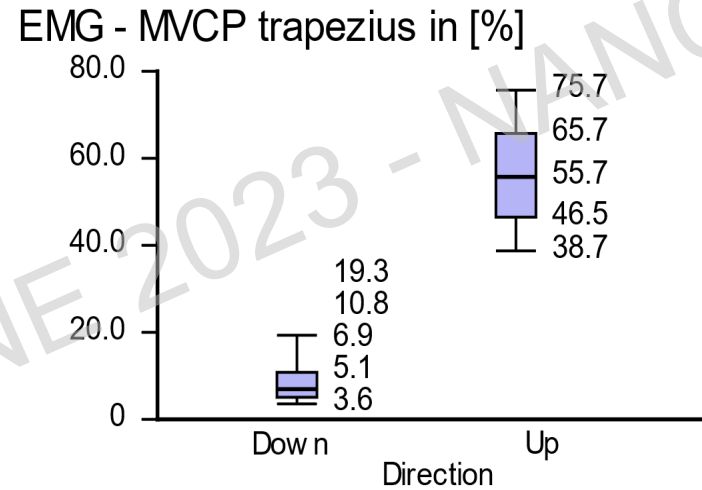


F_{subject} in [N]



Results & Discussion – EMG

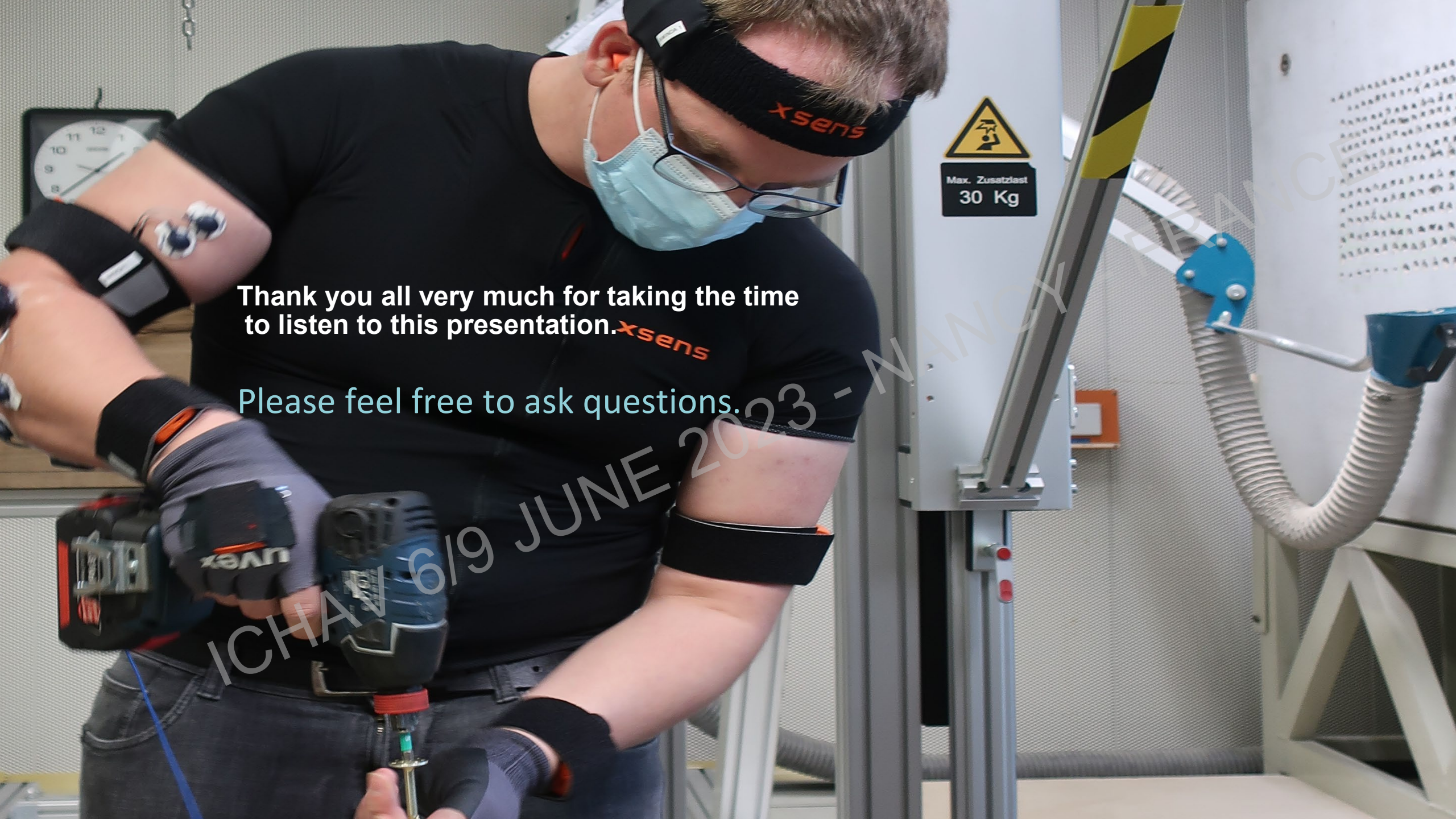
- Different workloads in the working directions
 - Much higher MVCP value while working upwards
 - This result is comparable with the result of $F_{subject}$



Conclusion

- The vibration load did not show any differences in the working directions
 - Forces and muscle activity show significantly different workloads
- Summarizing these results, it is obvious that analyzing the workload only by means of acceleration measurements, neglects other relevant impact factors
Result: unfair and insufficient assessment of the actual workload
- To achieve a fair assessment in addition to the correction factors from DIN 45679 further factors like the working direction must be taken into account





Thank you all very much for taking the time to listen to this presentation.

Please feel free to ask questions.

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